

Central South Dakota Retired Senior Volunteer Program

is committed to improving lives, strengthening communities and fostering civic engagement through service and volunteering.

RSVP Advisory Council—August 2018

Chair Sandy Sheppard, Mary Baldrige, Elton Blemaster, Sue Burgard, Janice Deal, Carmen Heyd, Mary Giddings, Loni Norman, Tony Jockheck, Capital Area United Way, Kellie Yackley, Avera St. Mary's Foundation, Liz Farley, Winner Coordinator
Teri Royer, Project Director, 605-224-3337, 801 E Dakota, teri.royer@avera.org, www.rsvpsd.org

Your volunteer hours are important to RSVP as they demonstrate the number of hours volunteers are contributing to our community. Please submit your hours monthly. Bring your timesheet to the RSVP office located in the main hospital, 1st floor, next to the Gift Shop, or mail it to 801 E Dakota, or submit your hours at www.rsvpsd.org. Your time is sincerely appreciated and is making a difference every day.

| School | Day | Time | Begins |
|------------|------|----------|--------|
| Buchanan | Mon | 12:45 pm | Sep 17 |
| Kennedy | Tues | 1:45 pm | Sep 18 |
| Stanley Co | Wed | 12:15 pm | Oct 3 |
| PILC | Thrs | 10:00 am | Sep 20 |
| ABO | Mon | 2:30 pm | Oct 1 |



Greetings!

Avera St. Mary's is expanding our volunteer program with the opening of the Helmsley Center and expansion of the Avera Cancer Institute to include radiation oncology. This is an exciting time for our community to have the services right here without the need to travel out of our area for radiation treatment.

On Wednesday, August 8th from 12-1pm we invite anyone interested in volunteering to come, have lunch and learn more. There is not an obligation to volunteer with attending; however we do need to know who is coming to have an accurate lunch count. Please let me know if you will join us, Fifth Floor Conference Room in the south building



on the south side of Dakota Ave, karen.gallagher@avera.org, 224-3303. or . The areas we plan to initially start with volunteers include:

- Greeting at the main entrance of the Helmsley Center
- Driving patients to/from appointment in River Cities Public Transit Minivan
- Helping people find their way to their destination
- One to One visits with patients receiving chemotherapy
- Sharing musical gifts with patients or in the main lobby
- Making quilts or blankets for patients undergoing cancer treatment

The **SD Discovery Center** is looking for volunteers to help out with some classes. Volunteers would help set up the classroom, help the children with the activities for the class, and help supervise the children. Those that would like to volunteer can email Sarah at SarahHyde@sd-discovery.org or 224-8295.



Basic Robotics Camp 8:30-12:30 pm, Jul 30-Aug 3
Game Design 10:15-12:45 pm, Aug 7, Aug 14

Feeding SD Warehouse is the only food banking organization in the state. Volunteers in this position will help pull and build orders for our non-profit partners. This position will help feed people in all 66 counties of the state.

Senior Box Packing—Many senior citizens across SD face mounting medical bills, which means a diminishing budget for groceries. Each month, volunteers pack and distribute over 2,700 supplemental food boxes to low-income, eligible seniors. Call Russ, 494-3663 to volunteer.

Jefferson and Kennedy Elementary schools are looking for 4 volunteers to help with doing height and weight on students, K – 5th grade on Aug 13th, 8 am – 3 pm. Call Cassie 605-430-6754 or Jerri 222-5657.

Retirement Centers—Make someone's day!

Visit, have coffee, play board games, checkers, cards, puzzles, take walks, read to those who have lost their sight, provide companionship and entertainment at these locations. Call to make arrangements.

Avera Parkwood Lance 224-3183
Avera Mary House.....Jaccinda 280-1049
Kelly's Retirement Home..... Karmyn 224-5261
Lincoln Apartments..... Gary 224-7330
Pierre Care/Rehabilitation Faith 224-8628
Pierre Senior Center.....Jeannie 224-7730



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|-------------|-----------------|------------------|
| Della Andre | Shirley Eisnach | Vicki Schoenfeld |
| Sue Burgard | Dale Hartmann | Margaret Seeley |
| Lois Byrum | Carmen Heyd | Brenda Vetter |
| Jan Deis | Ed Johanson | Gloria Welk |
| | Mansour Karim | Shirley Whitney |
| | Margaret Pier | Rolayne Wiest |
| | Sharon Roseland | Linda Zeller |



- * Hospital Greeter, greet all visitors and provide information, training provided. Call Arlene, 224-3233.
- * Surgery waiting room, 7 am to noon, weekdays, provide information, greet patients, family. Call Karna, 224-3251.
- * **Auxiliary**, \$3 annual membership, \$2 monthly luncheon, 1 pm, Hospital Cafeteria, Sep-May. Call Marjorie, 280-2990 about the Auxiliary and to volunteer to knit baby caps, (provided to all newborns), or call Myrna, 224-7039 to assist at the Hospital Auxiliary Gift Shop.
- * **Please consider donating yarn you no longer use for baby caps. Bring it to the RSVP office. Thank you!**

Assist one hour per day on weekdays delivering meals, at the **Community Youth Involved Center**. Call Pat, 223-2701.

Countryside Hospice Thrift Store is seeking cashiers and volunteers to test and clean small appliances and take home projects. **Countryside Hospice Support and Memory Center**, help with the monthly newsletter labeling and special projects. Call Marie or Rose, 945-0150.

Feeding SD, needs 20-30 volunteers the first Tuesday from 5:30-7:30 pm to pack senior boxes, and to sort donated food. Call Russ, 494-3663 or visit <http://feedingsouthdakota.org>.

Call Jenna, 224-4617 if you are interested in learning area tourism information and sharing it with visitors at the **Oahe Dam Visitor Center**.

Oahe Child Development Center needs volunteers to come in to read, interact and have lunch with the children in 7 classrooms. Free lunch is provided. Call Colleen, 224-6603.

Receive endless benefits at **Oahe Inc.** assisting residents with laundry, meal preparation. Call 224-4501.

If you can use a tape to measure lumber, cut a straight line, hammer a nail, or paint walls, then your skills are needed. at **Oahe Habitat for Humanity**. Call Don, 224-1366.

Visit www.pierreareareferral.org and register for volunteer opportunities at **PARS**; Food Pantry, holiday meals, Back Pack Program. Call Brenda, 224-8731.

| Volunteer for Special Projects | | |
|---------------------------------|-----------|----------|
| AARP | Lindsey | 362-3044 |
| Blunt Area Senior Center | Karen | 280-7205 |
| Capital Area United Way | Christina | 224-9229 |
| Chamber Commerce | Mallory | 224-7361 |
| Pierre Retired School Personnel | Jean | 224-4930 |
| Pierre School District | Jeri | 773-7300 |
| SD Discovery Center | Kristie | 224-8295 |

BINGO is available on Thursdays at the **Pierre Area Senior Center**. If you are interested in calling bingo call Jeannie, 224-7730.

River Cities Public Transit needs volunteers who can be an escort for a

person with a disability or an elderly person or someone who is unsteady or has issues with balance or their gait. Provide assistance carrying groceries, going to a medical appointment. An escort will ride the bus for FREE and assist the individual as needed. Schedules can be done in advance so volunteer escorts can plan around the need for service. Call Chuck, 945-2360.

SHIINE provides free, confidential, unbiased counseling to SD Medicare beneficiaries. Call Roger, 877-331-4834.

Be a tour guide, archives assistant, gift shop attendant, or desk attendant at the **SD Cultural Heritage Center**, or gift shop attendant at the **State Capitol**. Call Dorinda, 773-6006.

Volunteer as a tour guide at the **SD State Capitol** by providing guided tours, restocking the brochure racks, and providing general info. Call Tammi, 773-3688.

Volunteer for the Braille and Talking Book Library Program at the **SD State Library**, for an interesting, rewarding experience that produces materials that benefit South Dakotans who are unable to read standard print. Call Josh, 773-5082.

Volunteer to help **SD State Parks** with special events in the park and assist in the office. Call Emilie, 773-7048.

Wash dishes, serve drinks, assist guests, host servers at the banquet, **South East Community Center**. Call Barb, 224-7244.

SD Women's Prison Parent And Children Together, program meets monthly, book club, W-2 program, friendly visits. Call Warden Brent, 773-5368.

Call Bev, 258-2348 to assist with providing meals in Onida at the **Sully Co. Nutrition Center**.

Be vigilant for safety violations on the City of Pierre trails doing **trail patrol**. Provide assistance. Observe, record and report any bike trail hazards, violations of law, city ordinance or unsafe conditions. Visit with pet owners when they violate animal ordinances. Call Tom 773-2527.

