

# Central South Dakota Retired Senior Volunteer Program

is committed to improving lives, strengthening communities and fostering civic engagement through service and volunteering.

## RSVP Advisory Council, June 2019

Chair Sandy Sheppard, Mary Baldrige, Elton Blemaster, Sue Burgard, Janice Deal, Mary Giddings, Carmen Heyd, Loni Norman, Tony Jockheck, Capital Area United Way Kellie Yackley, Avera St. Mary's Foundation, Liz Farley, Winner Coordinator Teri Royer, Project Director, 224-3337, 801 E Dakota, [teri.royer@avera.org](mailto:teri.royer@avera.org), [www.rsvpsd.org](http://www.rsvpsd.org)



### Volunteer Opportunity for **Pierre Care and Rehab**, The **Health Care** You Need

Pierre Care and Rehab is committed to promoting health, healing, and wellness at every level for their residents. They provide short- and long-term care services from orthopedic rehabilitation, to cardiac care, stroke therapy, and comprehensive exercise planning, and skilled nursing. It is their goal to help each individual attain his or her highest potential for physical, mental, and emotional wellbeing. Volunteer duties include: transporting patients, filing, assisting the Rehab department, and assisting the Activities Department. Call Lisa or Faith at 224-8628.

Lynell Asher  
Janet Beck  
Florence Bruce  
Joan Buchholz  
Ellen Lee  
Penny Nelson  
Fran Welch  
Don Zeller

Please know that every time you volunteer, you are making a difference in our communities. Your time is sincerely appreciated by one and all. Please record your volunteer hours monthly. You may choose to have the monthly newsletter mailed to you with a paper time sheet that you may return to the RSVP office, located in the main hospital, next to the gift shop. If you have an email, our monthly newsletter will be emailed to you and a note on how to record your hours is included in the email.

To record your hours online, go to [www.rsvpsd.org](http://www.rsvpsd.org), select "post hours", enter username (first and last name, no spaces), enter password (is the word password), select OK, select the worksite, enter your hours, select OK. Call Teri, 224-3337 or email [teri.royer@avera.org](mailto:teri.royer@avera.org).



The Retired Senior Volunteer Program is sponsored by Avera St. Mary's Hospital, and funded by a grant from the Corporation for National and Community Service authored by project director Teri Royer. The grant funds 70% of RSVP with the remaining 30% of funds provided by the Capital Area United Way grant, Avera Community Partners grant, City of Pierre, City of Fort Pierre, City of Winner, and Tripp County.

RSVP is one of the largest volunteer efforts in the nation, under the Corporation for National and Community Service. RSVP is a coordinating agency encouraging the support of other non-profit agencies. RSVP of Pierre, Ft. Pierre, Winner and the surrounding areas, was started in 1995. RSVP is an organization of retired and semi-retired men and women aged 55 and over who have chosen to include volunteerism as a part of their daily routine. RSVP seeks to offer continued volunteer opportunities for growth, education, socialization, community improvement, and support. Volunteers are encouraged to share the program with other eligible persons and invite friends to join RSVP. Community needs are linked to volunteer's skills.

Many of the services volunteers provide are at non-profit agencies, schools and programs that can extend, enrich, and supplement basic services. RSVP volunteer work stations accept the responsibility for assignment and supervision of the RSVP volunteers. The work stations provide orientation, supervision and support to all volunteers, and a safe work environment. Many of these organizations would not be able to exist without volunteers. Work stations cannot be sectarian or political in nature, and the only acceptable profit making organizations are licensed, proprietary health care facilities. By working together, we can improve the quality of life for all ages.

**Volunteers may choose volunteer opportunities at many locations, listed on the back, with a variety of options. Volunteers choose how, where and how often they want to serve.**



Volunteer opportunities are available at these organizations.

Call the person listed for information. Volunteer where, when and however often you choose.

AARP	Lindsey	362-3044	Volunteer for special projects
Avera St. Mary's Hospital Auxiliary	Cookie Myrna	224-3460 224-7039	Knit baby caps that are provided to all newborns Assist at the Avera St. Mary's Hospital Gift Shop
Avera St. Mary's Hospital	Michelle	224-3364	Volunteer at the Helmsley Center, surgery center, hospital main desk, or consider making lap quilts for patients
Blunt Area Senior Center	Karen	280-7205	Volunteer for special projects
Capital Area United Way	Ashlee	224-9229	Volunteer for special projects
Chamber of Commerce	Mallory	224-7361	Volunteer for special projects
Countryside Hospice Support and Memory Center Countryside Hospice Thrift Store	Jane and Chelsea	945-0150	Help with the monthly newsletter labeling and projects or Thrift Store—volunteer as a cashier, test and clean small appliances, take home projects available; check puzzles, etc.
Feeding SD	Russ	494-3663	Pack senior boxes the first Tuesday, 5:30-7:30 pm
Meals on Wheels	Pat	223-2701	Deliver meals through the Senior Citizens Nutrition Program
Oahe Dam Visitor Center	Jenna	224-4617	Learn, share area tourism information with visitors.
Oahe Child Development	Colleen	224-6603	Read and interact with children
Oahe Inc.	Justin	224-4501	Assist at the Community Connection Center, 125 W Pleasant
Oahe Habitat for Humanity	Don	224-1366	Measure lumber, hammer a nail, paint walls
Pierre Area Referral Service	Corwin	224-8731	PARS—Back pack program, food pantry, pack holiday meals
Pierre Area Senior Center	Jeannie	224-7730	Call BINGO on Thursdays
Pierre Retired School Personnel	Jean	224-4930	Volunteer for special projects
Pierre School District	Jeri	773-7300	Volunteer for special projects
Reading Buddies	Teri	224-3337	Read with students at five area elementary schools; ABO Blunt, Buchanan, Kennedy, PILC, and Stanley County.
River Cities Public Transit	Chuck	945-2360	Assist those using transit, escort rides bus for free
SHIINE	Nicole	494-0219	Provide free, confidential unbiased counseling to SD Medicare beneficiaries.
SD Cultural Heritage Center State Capitol	Dorinda	773-6006	Heritage Center—be a tour guide, archives assistant, gift shop attendant, or desk attendant; Capitol—gift shop attendant
SD Discovery Center	Kristie	224-8295	Volunteer for special projects
SD State Capitol	Rick	773-3688	Provide tours, general information, restock brochure racks
Braille and Talking Book Library Program at the SD State Library	Josh	773-5082	A rewarding experience that produces materials that benefit South Dakotans who are unable to read standard print.
SD State Parks	Emilie	773-7048	Volunteer for special events
Southeast Community Center	Barb	224-7244	Wash dishes, serve drinks, assist guests at the banquet
SD Women's Prison	Wanda	773-5368	Parent And Children Together program meets monthly, book club, W-2 program, friendly visits
Sully Co Nutrition Center	Bev	258-2348	Assist with providing meals in Onida
City of Pierre Trail Patrol	Tom	773-2527	Observe, record and report bike trail hazards, violations of law, city ordinance or unsafe conditions. Visit with pet owners when they violate animal ordinances.
Avera Parkwood	Lance	224-3183	<p style="text-align: center;"><b>Visit these retirement centers,</b> enjoy coffee, cookies, laughter, conversation, play board games, cards, puzzles, take walks, provide entertainment, read to those who have lost their sight, and make someone's day!</p>
Avera Maryhouse	Leticia	280-1049	
Golden Living Center	Faith	224-8628	
Kelly's	Karmyn	224-5261	
Lincoln Apartments	Gary	224-7330	