

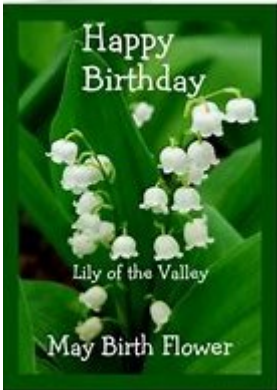
# Central South Dakota Retired Senior Volunteer Program

is committed to improving lives, strengthening communities and fostering civic engagement through service and volunteering.

## RSVP Advisory Council May 2019

Chair Sandy Sheppard, Mary Baldrige, Elton Blemaster, Sue Burgard, Janice Deal, Mary Giddings, Carmen Heyd  
Loni Norman, Tony Jockheck, Capital Area United Way, Kellie Yackley, Avera St. Mary's Foundation  
Liz Farley, Winner Coordinator

Teri Royer, Project Director, 224-3337, 801 E Dakota [teri.royer@avera.org](mailto:teri.royer@avera.org), [www.rsvpsd.org](http://www.rsvpsd.org)



- Nancy Bloom
- John Burrows
- Judith Costar
- Janice Deal
- Stella Fulgaro
- Dale Gohl
- Dale Heidelberger
- Mary Heidelberger
- Vera Henderson
- Carol Jennings
- Carol Johnson
- Cindy Lint
- Eileen List
- Janet Morse
- Carol Schneiderhan
- Gaytha Ten Eyck
- Joyce Tipton
- Judy Weisgram

Volunteer opportunities are available at the Helmsley Center, the surgery center, the hospital main desk, and if you quilt, consider making lap quilts for patients. Find the volunteer opportunity that is perfect for you by calling Michelle at 224-3364, **Avera St. Mary's Hospital** volunteer coordinator.



Volunteer at **FEEDING SOUTH DAKOTA** the first Tuesday of every month from 5:30-7:30 pm. Thirty-fourty volunteers are needed to help pack senior boxes at Feeding South Dakota. These are food commodities distributed to our low income seniors throughout central SD. Call Russ, 494-3663 or visit <http://feedingsouthdakota.org>.

### MEALS ON WHEELS

Can you believe 101 home cooked meals are delivered daily! The monthly menu provides a delicious, nutritional, different meal every day. Pat notes that those who participate in the Senior Citizens Nutrition Program are extremely thankful for this service as it guarantees they will have a daily nutritional meal and has often built positive and caring relationships with the volunteers who serve them. Be part of this awesome organization by calling Pat, 223-2701, and participate in the Senior Citizens Nutrition program through the Community Youth Involved Center.

**Reading Buddies** will come to an end on the dates noted below for this academic year. Sincere appreciation to our teachers who provide this opportunity for their students and to our volunteers who make this program possible. Students will receive a book from their buddy provided by RSVP and a grant from ZONTA. RB is not held on school holidays or if school is cancelled due to inclement weather. **No RB May 2 at PILC.** Call Teri, 224-3337.

School	Day	Time	#	Last	Teacher
Buchanan	Mon	12:45	2	Apr 29	Leslie Bogenhagen
Kennedy	Tues	1:45 pm	2	May 14	Allison Englund
Stanley	Wed	12:30	3	May 1	Mary Steffan Ashley Holm
PILC	Thurs	10:00 am	1	May 9	Rachel Wellman
ABO	May 6	2:30 pm	9	May 6	Dionne Heilman

Please know that every time you volunteer, you are making a difference in our communities. Your time is sincerely appreciated by one and all. Please record your volunteer hours monthly. You may choose to have the monthly newsletter mailed to you with a paper time sheet that you may return to the RSVP office, located in the main hospital, next to the gift shop. If you have an email, our monthly newsletter will be emailed to you and a note on how to record your hours is included in the email.

To record your hours online, go to [www.rsvpsd.org](http://www.rsvpsd.org), select "post hours", enter username (first and last name, no spaces), enter password (is the word password), select OK, select the worksite, enter your hours, select OK. Call Teri, 224-3337 or email [teri.royer@avera.org](mailto:teri.royer@avera.org).



Volunteer opportunities are available at these organizations.

Call the person listed for information. Volunteer where, when and however often you choose.

AARP	Lindsey	362-3044	Volunteer for special projects
Avera St. Mary's Hospital Auxiliary	Cookie Myrna	224-3460 224-7039	Knit baby caps that are provided to all newborns Assist at the Avera St. Mary's Hospital Gift Shop
Avera St. Mary's Hospital	Michelle	224-3364	Volunteer at the Helmsley Center, surgery center, hospital main desk, or consider making lap quilts for patients
Blunt Area Senior Center	Karen	280-7205	Volunteer for special projects
Capital Area United Way	Ashlee	224-9229	Volunteer for special projects
Chamber of Commerce	Mallory	224-7361	Volunteer for special projects
Countryside Hospice Support and Memory Center Countryside Hospice Thrift Store	Marie or Rose	945-0150	Help with the monthly newsletter labeling and projects or Thrift Store—volunteer as a cashier, test and clean small appliances, take home projects available; check puzzles, etc.
Feeding SD	Russ	494-3663	Pack senior boxes the first Tuesday, 5:30-7:30 pm
Meals on Wheels	Pat	223-2701	Deliver meals through the Senior Citizens Nutrition Program
Oahe Dam Visitor Center	Jenna	224-4617	Learn, share area tourism information with visitors.
Oahe Child Development	Colleen	224-6603	Read and interact with children
Oahe Inc.	Justin	224-4501	Assist at the Community Connection Center, 125 W Pleasant
Oahe Habitat for Humanity	Don	224-1366	Measure lumber, hammer a nail, paint walls
Pierre Area Referral Service	Corwin	224-8731	PARS—Back pack program, food pantry, pack holiday meals
Pierre Area Senior Center	Jeannie	224-7730	Call BINGO on Thursdays
Pierre Retired School Personnel	Jean	224-4930	Volunteer for special projects
Pierre School District	Jeri	773-7300	Volunteer for special projects
Reading Buddies	Teri	224-3337	Read with students at five area elementary schools; ABO Blunt, Buchanan, Kennedy, PILC, and Stanley County.
River Cities Public Transit	Chuck	945-2360	Assist those using transit, escort rides bus for free
SHIINE	Nicole	494-0219	Provide free, confidential unbiased counseling to SD Medicare beneficiaries.
SD Cultural Heritage Center State Capitol	Dorinda	773-6006	Heritage Center—be a tour guide, archives assistant, gift shop attendant, or desk attendant; Capitol—gift shop attendant
SD Discovery Center	Kristie	224-8295	Volunteer for special projects
SD State Capitol	Rick	773-3688	Provide tours, general information, restock brochure racks
Braille and Talking Book Library Program at the SD State Library	Josh	773-5082	A rewarding experience that produces materials that benefit South Dakotans who are unable to read standard print.
SD State Parks	Emilie	773-7048	Volunteer for special events
Southeast Community Center	Barb	224-7244	Wash dishes, serve drinks, assist guests at the banquet
SD Women's Prison	Wanda	773-5368	Parent And Children Together program meets monthly, book club, W-2 program, friendly visits
Sully Co Nutrition Center	Bev	258-2348	Assist with providing meals in Onida
City of Pierre Trail Patrol	Tom	773-2527	Observe, record and report bike trail hazards, violations of law, city ordinance or unsafe conditions. Visit with pet owners when they violate animal ordinances.
Avera Parkwood	Lance	224-3183	<p><b>Visit these retirement centers,</b> enjoy coffee, cookies, laughter, conversation, play board games, cards, puzzles, take walks, provide entertainment, read to those who have lost their sight, and make someone's day!</p>
Avera Maryhouse	Leticia	280-1049	
Golden Living Center	Faith	224-8628	
Kelly's	Karmyn	224-5261	
Lincoln Apartments	Gary	224-7330	